

Parallel Talk

Parallel talk is a technique to promote your child's language development. Parallel talk means *to talk about what your child is doing, seeing, eating, or touching*. In other words, *narrate what he/she is doing*.

☺ Advantages of using parallel talk:

- ☑ Increase age-appropriate language input during play and daily routines
- ☑ Follow child's lead and ensure child's attention to your speech
- ☑ Increase motivation to imitate your speech

Examples:

- "You're building a tower!" Wow!
- "Uh oh, it fell down."
- "You're cleaning up!"
- "Throwing a ball! Nice throw!"

Notes:

- ★ Use age-appropriate words and phrases
- ★ Do not require your child to imitate
- ★ Follow your child's eye gaze and actions, do not try to diverge their attention away from what they are interested in
- ★ Avoid questions and giving instructions